

# The Sanctuary

We hear you. We are here for you.  
We are a safe place.



**Service  
update**

**We are currently running a telephone only service.  
This is seven days a week from 4-10pm.  
You can call us on 01179 542 952 or 07709 295 661.  
After an initial informal assessment we will  
allocate a time slot for people during  
the evening when staff will call  
back and offer support.**

**Bristol  
Mental  
Health**

**the  
sanctuary**

**St Mungo's**  
Rebuilding lives

The Sanctuary is a safe space for you, for when you can't cope any more or are feeling desperate and alone.

We are running a telephone only service, seven days a week from 4-10pm. We will work with you as an individual to try and find some balance.

Please call us to book a time and help us to identify how we can support you.

## About us

The Sanctuary is managed by St Mungo's.

**St Mungo's** is a charity and housing association which manages emergency, prevention and recovery services for people who are homeless or at risk of homelessness.

The Sanctuary is part of **Bristol Mental Health**, created in 2014 following calls from service users, carers and GPs for better mental health services in the city.

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