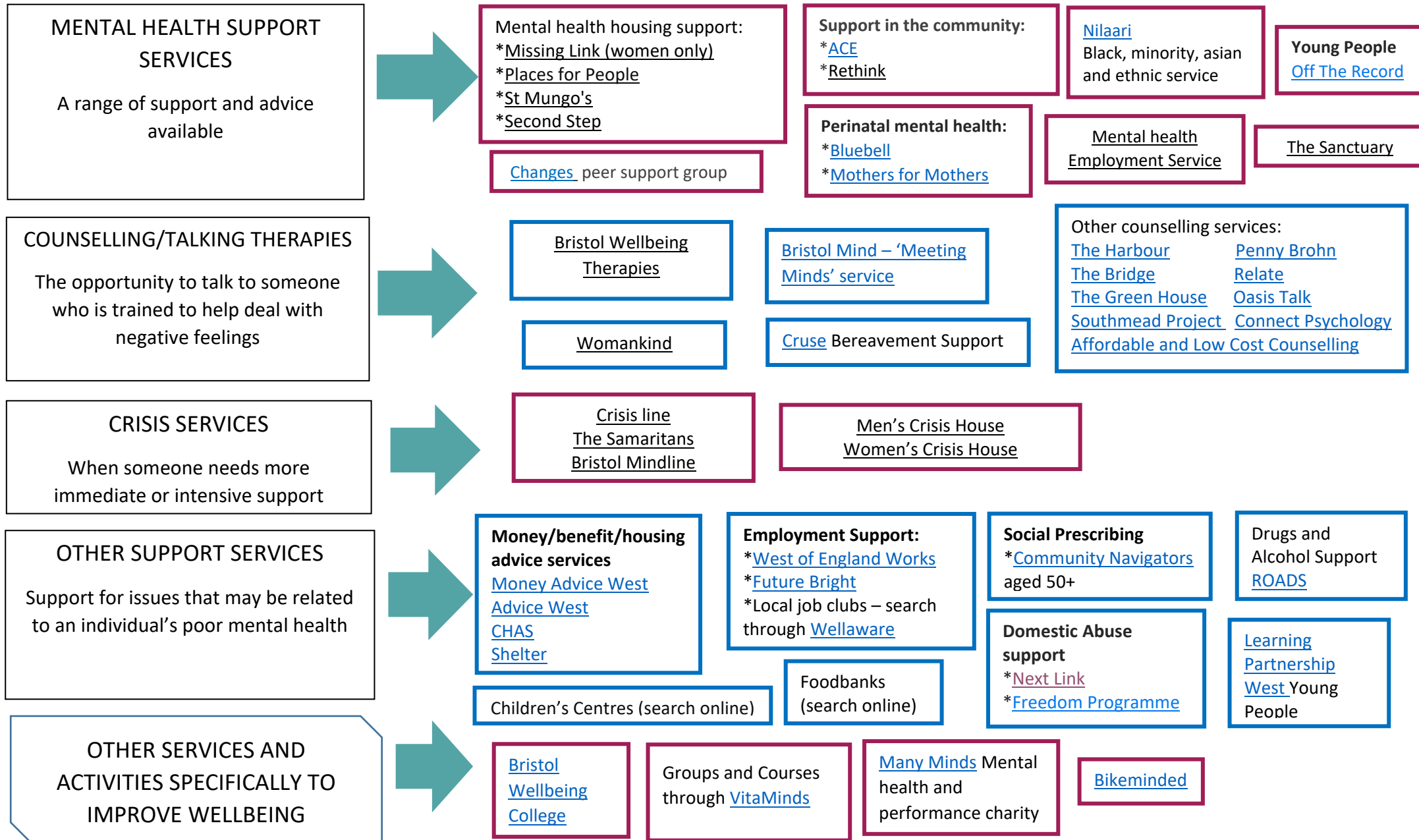


Flowchart for Mental Health Support Services



Flowchart for Mental Health Support Services

Mental Health Support Services

Missing Link (women only) - <https://missinglinkhousing.co.uk/> - 0117 925 1811

Places for People - <https://www.placesforpeople.co.uk/>

St Mungos - <https://www.mungos.org/> - 020 3856 6000

Second Step - <https://www.second-step.co.uk/> - 0117 909 6630

ACE - <http://www.bristolmentalhealth.org/services/assertive-engagement-service/> - 0117 239 8969

Rethink - <https://www.rethink.org/> - 0117 3532041

Nilaari - <https://www.nilaari.co.uk/> - 0117 952 5742

Off the Record - <http://www.otrbristol.org.uk/>

Changes Peer Support - <http://www.changesbristol.org.uk/> - 0117 941 1123

Perinatal Mental Health

Bluebell - <http://www.bluebellcare.org/> - 0117 922 0746

Mothers for Mothers - <https://www.mothersformothers.co.uk/> - 0117 2397 398

Bristol Mental Health Employment Service - <http://www.bristolmentalhealth.org/services/employment-service/> - 0117 9232 741

The Sanctuary - <http://www.bristolmentalhealth.org/services/bristol-sanctuary/> - 07709 295 661 - 0117 9542952

Counselling and Talking Therapies

VitaMinds - <https://www.vitahealthgroup.co.uk/nhs-services/nhs-mental-health/bristol-north-somerset-south-gloucestershire/> - 0333 200 1893

Bristol Mind Meeting Minds Service - <https://bristolmind.org.uk/counselling/meeting-minds/> - 0117 980 0385

The Harbour - <https://www.the-harbour.org.uk/> - 0117 925 9348

The Bridge - <https://www.thebridgecanhelp.org.uk/> - 0117 342 6999

The Green House - <https://the-green-house.org.uk/> - 0117 935 1707

Southmead Project - <https://southmeadproject.org.uk/> - 0117 9506 022

Penny Brohn - <https://www.pennybrohn.org.uk/> - helpline 0303 3000

Relate - <https://www.relate-avon.org.uk/> - 0117 942 8444

Oasis Talk - <https://www.oasis-talk.org/> - 0117 970 9423

Flowchart for Mental Health Support Services

Connect Psychology- <https://iapt-bristol.awp.nhs.uk/working-in-partnership/treatments-connect-psychology/> - 0117 930 0282 – press 1

Affordable and Low Cost Counselling - <http://www.lowcostcounselling.co.uk/> - 07927 355028

Crisis Services

The Crisis Line - 0300 555 0334

The Samaritans - <https://www.samaritans.org/branches/bristol-samaritans> - 116 123

Bristol MindLine - 0808 808 0330

Men's Crisis House- <http://www.bristolmentalhealth.org/services/mens-crisis-house/>

Women's Crisis House - <http://www.bristolmentalhealth.org/services/womens-crisis-house/> - 0117 924 6459

Other Support Services

Money Advice West - <https://www.moneyadvicewest.org.uk/> - 0800 138 3422

Advice West - <https://www.acfa.org.uk/>

CHAS - <http://www.chasbristol.co.uk/> - 0117 9351260

Shelter - https://england.shelter.org.uk/get_help/local_services/bristol - 0344 515 1430

West of England Works - <http://www.westofenglandworks.org.uk/>

Future Bright - <https://www.westofengland-ca.gov.uk/future-bright/referrals/> - 0117 456 6964

Wellaware - <https://www.wellaware.org.uk/> - 0808 808 5252

Community Navigators - <https://www.communitynavigators.org.uk/>

Next Link - <https://nextlinkhousing.co.uk/> - 0117 925 0680

Freedom Programme - <https://www.freedomprogramme.co.uk/> - <https://www.facebook.com/freedomprogrammebristol/> -
0117 925 0680

ROADS - <https://www.bdp.org.uk/referral> - 0117 9166 593

Learning Partnership West - <https://www.lpw.org.uk/> - 0117 987 3700

Other Services and Activities

Wellbeing College - <https://www.second-step.co.uk/bristol-wellbeing-college>

Courses through Wellbeing Therapies - <https://iapt-bristol.awp.nhs.uk/whats-on-offer/courses/> - 0117 982 3209

Many Minds - <https://many-minds.org/> - 07843 210272

Bike Minded - <https://www.lifecycleuk.org.uk/wellbeing> - 0117 353 4583