



Farm Volunteer Mentor

Role Title	Farm Volunteer Mentor
Where/Project/Team	Windmill Hill City Farm: Supported Volunteers
When does it start	ASAP
Commitment (Days and Times)	The following sessions on a weekly basis: Tuesday 1.30-3.30pm 12 weeks minimum commitment
Purpose of the role	<p>The Health and Social Care Team works with the local community to offer services and activities across a number of areas, including improving people's wellbeing through supporting them to volunteer on the Farm. Many service users with mental health issues, learning difficulties and/or recovering from addictions are supported to volunteer at the Farm. The supported volunteering service offers purpose, structure and meaningful work to people and helps develop life skills that can aid recovery or personal development.</p> <p>We are looking for a volunteer to join the Health and Social Care Team to support individuals with support needs to volunteer on the Farm. This role will enable other volunteers to contribute to the Farm through various volunteering roles.</p>
Main activities/ tasks	<ul style="list-style-type: none"> • Support individuals with support needs with day to day Farm maintenance tasks. • Develop an understanding of individual needs and aspirations and monitor these in partnership with the Health and Social Care Team. • Assist the group leader to run the farm volunteering group with ease. • Assist volunteers with support needs with inductions to ensure they become familiar with their roles and responsibilities on the Farm and help them feel at ease.
Reporting to	Clare Tait (Farm support worker)
Support and training	<p>We will offer you:</p> <ul style="list-style-type: none"> • Initial induction • Regular supervision, support and training where appropriate



	<p>to develop your own skills base in the areas you would like to focus on.</p> <ul style="list-style-type: none">• Volunteer meetings with the opportunity to socialise with fellow volunteers and discuss project development <p>The role will provide you with the opportunity to give something to the community and develop the valuable work of the Farm.</p>
Skills, Experience and Qualities You Need	<ul style="list-style-type: none">• Good communication and active listening skills• Ability to relate to a diverse range of people.• Non judgemental attitude and happy to support people from all backgrounds.• Some experience of working with adults with mental health issues.• A friendly, welcoming and inclusive approach.• Ability to work effectively as a member of a team.• An understanding of confidentiality. <p>This is an ideal role for someone who would like to develop experience of working in a Health and Social care team and a community organisation. It is also an opportunity to gain understanding of mental health issues and activities to support those with mental health difficulties.</p>
For more information, contact:	<p>Lizzie Spencer</p> <p>lizzie.spencer@windmillhillcityfarm.org.uk</p> <p>0117 947 1194</p>