

2018 Nursery Spring Menu – Week 1

	Breakfast	Lunch	Vegetarian Option	Pudding	Afternoon snack	Afternoon Tea
Monday	Cereal & Toast	Pork sausage hot pot and mash	Veggie sausage hot pot and mash	Fruit slices	Rice cakes, vegetable sticks & Milk	Tuna and broccoli/ Butter bean and broccoli cheese pasta bake Greek yoghurt & Fruit compote
Tuesday	Cereal & Crumpets	Lamb Moussaka Garlic Bread	Vegetable Moussaka	Ginger cake and custard	Bread sticks, vegetable sticks & Milk	Vegetable soup Bread Jelly
Wednesday	Cereal & Toast	Veggie tagine with cous-cous		Banana loaf	Crackers, vegetable sticks & Milk	Homemade sausage rolls and tomato/brown sauce Fresh fruit Salad
Thursday	Cereal & Breakfast muffins	Roast beef, Yorkshire pudding, roast potatoes, gravy and veg	Quorn Roast	Fresh fruit salad	Rice cakes, vegetable sticks & Milk	Selection of sandwiches and vegetable sticks Rock cakes
Friday	Cereal & Toast	Fish fingers with wedges and beans	Veggie fingers with wedges and beans	Banana's & ice-cream	Bread sticks, vegetable sticks & Milk	Chicken Hot Pot/Vegetable Hot Pot Fruit slices/wedges

Morning snack will consist of an 'open fruit bar' and water. All our puddings have reduced sugar.

2018 Nursery Spring Menu – Week 2

	Breakfast	Lunch	Vegetarian Option	Pudding	Afternoon snack	Afternoon Tea
Monday	Cereal & Crumpets	Vegetable and red lentil lasagne with garlic bread		Fresh fruit salad	Crackers, vegetable sticks & Milk	Pizza selection Apple crumble & custard
Tuesday	Cereal & Toast	Cottage pie with carrots and peas	Quorn mince cottage pie with carrots and peas	Fruit jelly	Rice cakes, vegetable sticks & Milk	Selection of sandwiches with vegetable sticks Cinnamon Scones with butter
Wednesday	Cereal & Breakfast muffins	Roast Pork, apple sauce, roast potatoes, gravy, vegetables	Quorn roast	Greek yoghurt with fruit compote	Bread sticks, vegetable sticks & Milk	Thick sweet potato soup with brown bread Home baked cookies
Thursday	Cereal & Toast	Lamb tagine with cous-cous and seasonal vegetables		Carrot cake & custard	Crackers, vegetable sticks & Milk	Jacket potatoes with tuna and sweetcorn/cheese and beans Raisin flapjack
Friday	Cereal & Crumpets	Vegetable stew with brown rice		Home baked biscuit	Rice cakes, vegetable sticks & Milk	Chicken goujons with baked beans Greek yoghurt with fruit compote

Morning snack will consist of an 'open fruit bar' and water. All our puddings have reduced sugar.

2018 Nursery Spring Menu – Week 3

	Breakfast	Lunch	Vegetarian Option	Pudding	Afternoon snack	Afternoon Tea
Monday	Cereal & Toast	Bean and vegetable chili with brown rice		Winter fruit crumble with cream	Bread sticks, vegetable sticks & Milk	Seasonal vegetable soup with brown bread Oat cookies
Tuesday	Cereal & Breakfast muffins	Fish pie with seasonal vegetables	Creamy vegetable pie	Bananas with custard	Crackers, vegetable sticks & Milk	Pasta with tomato and lentil sauce and grated cheese Fruit muffins
Wednesday	Cereal & Toast	Meatballs with spaghetti and sweetcorn	Vegetable balls in a tomato sauce	Greek yogurt with fruit compote	Rice cakes, vegetable sticks & Milk	Selection of filled bagels Spiced apple twist bread
Thursday	Cereal & Crumpets	Vegetable & Bean Moussaka Garlic bread		Fresh fruit salad	Bread sticks, vegetable sticks & Milk	Salmon in tomato sauce Green beans Mashed potato Ginger cake
Friday	Cereal & Toast	Roast chicken with seasonal vegetables, roast potatoes and gravy	Quorn roast	Fruit jelly	Crackers, vegetable sticks & Milk	Sausage casserole Fruit salad or wedges

Morning snack will consist of an 'open fruit bar' and water. All our puddings have reduced sugar.