

# STAY SAFE

We hope you have a safe and enjoyable visit to the City Farm. There are some risks to watch out for.

The ground around the farm can sometimes be uneven – please wear sensible shoes and mind your step. Wellies might be a good idea in wet weather as it can get muddy.

Beware that some work caring for the animals and gardens takes place while you are here. Keep an eye on young children and don't let them play with any tools. Under 8's must be accompanied by an adult (even in the playground).

Be aware that even clean and healthy animals can carry diseases that can be transferred to humans. Fortunately it's easy to reduce the risks by following some simple rules:

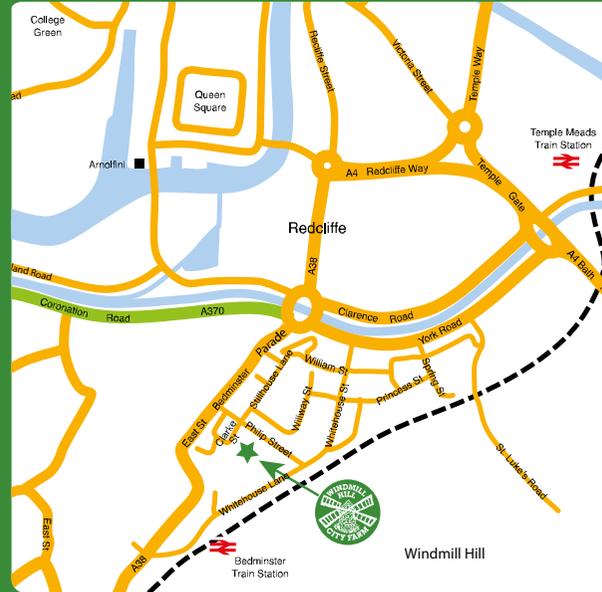
- Always wash your hands with soap and water after you have touched animals, fences or other surfaces in animal areas (including your wellies), especially before eating.
- Don't use gels or wipes instead of soap and water – they don't work on E. Coli found in dirt.
- Never eat, drink or smoke in areas where there are animals (this includes sweets and snacks). Use the picnic area or the café (after washing your hands).
- Never eat anything that has fallen on the floor.
- Never kiss animals or allow children to put their faces close to animals.
- Supervise children and vulnerable adults in your care closely to ensure that they wash their hands thoroughly.

If you are pregnant you should take extra care to avoid animal contact and thoroughly wash your hands before eating and after your visit.

More information about risks at the Farm is available on our website, including specific information for teachers and group leaders.

Windmill Hill City Farm is a charity. It provides recreation, education and therapy using food, farming and the environment as a theme.

## HOW TO FIND US



The Farm is about 15 minutes walk from Temple Meads Station or from the Centre of Bristol. The closest bus stops are on Bedminster Parade (numbers 52, 75, 76, 90, 121, 510, 511, 672). We have a small car park including bays for disabled drivers. Please make a donation if you use it.

### Windmill Hill City Farm Ltd.

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A PLACE WHERE

PEOPLE

GROW

## WHAT'S HERE

As well as produce food, the **Farm & Gardens** are a good way to learn about food and farming and a popular attraction for visitors who enjoy this green oasis in the city centre. It's absolutely **free to visit** (we appreciate a donation).

The **Café** serves a tasty range of locally-sourced, high-quality meals at affordable prices in a friendly, relaxed atmosphere. It's the social heart of the organisation.

Children aged 8 – 14 enjoy pushing their boundaries on the outdoor structures of the **Adventure Playground** and engage in a range of activities indoors from cooking to arts, crafts to film-making.

We look after over 100 children each week in our **Nursery**, and have both a crèche and parent and toddler groups as well.

Seven different **Community Rooms** are ideal for events, training, children's parties or craft classes and the all-weather sports pitch has a regular array of teams playing.

## WHAT WE DO

We run a wide range of **courses** from one-day workshops on keeping chickens to 10-week sessions on writing a novel.

We have two active groups for **older people** who go out on day trips and get involved in events and activities on the Farm.

**Volunteering** is central to making the City Farm work across all areas of activity: in the farm, gardens, café and administration.

Our professional team **supports people** with mental health issues, people recovering from addictions, and those with learning difficulties to play an active role helping us to keep the site running.

We host **drop-in groups** for people with mental health issues, those affected by Alzheimer's, autism, Alcoholics Anonymous and an LGBTB group.

**Education** is a key part of our activity. School visits can be arranged to give local children an insight into farming and we run animal care courses up to NVQ level 2 standard.

Each year we stage community **events** with music, stalls and children's activities: the summer festival and Christmas fayre are the jewels in our eventing crown.

As a hub of **community activity** we both host and initiate projects that improve the lives of the people in our neighbourhood and involve local people in taking action.

## OPENING TIMES

(subject to change, please check before visiting)

**Farm and Gardens** - Open 9 - 5 (4 in winter) Monday to Sunday, including Bank Holidays.

**Reception** - Open 9.30 - 4 Monday to Friday.

**Café** - Open 10 - 4 Monday to Friday, 9 - 3 Saturday and Sunday.

**Day-Care Nursery** - Open 8 - 6 Monday to Friday.

**Adventure Playground** - Open (Term Time) 3.30 - 7 Tuesday to Friday, 12 - 4 Saturday. Open (School Holidays) 10 - 5 Tuesday to Friday.

**Community Buildings and All Weather Sports Pitch** - Open 8 - 10 every day by prior booking only.

## GET INVOLVED

You can help the Farm to grow.

- Volunteer in the gardens, café, administration or on the farm.
- Give us a donation or become a Farm Friend.
- Join as a member if you'd like a greater say in how we're run.
- Use the farm, gardens, café, playground, nursery or rooms.
- Support our events – just come along or help us to organise them.
- Tell your friends about us.
- Visit our website.